

The club with Community Spirit



Ball Committee: Pennie Jursa, Sophie Lei, Melinda Ross, Patrice Milburn, Andrea Mansfield and Winnie Wong.

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ILCM

The social club...

...with

community

spirit

Andrea Mansfield—ILCM President

Lots of Thank You's this month! The ILCM's grandest charity event continues to grow from strength to strength each year with this year being no exception.

The 2010 Imperial Charity Ball welcomed 276 guests who enjoyed the hospitality of the MGM Macau and as a result of this spectacular evening, the ILCM raised over MOP650,000 for charity this year.

The MGM Macau literally rolled out the Red Carpet for us

and we thank Ralph Frehner, Gary Doucet, Desmond Hill, Darren Kopas and their respective teams for everything they did to help make the evening as special as it was.

The ball committee's many hours

of planning and commitment was instrumental in the success of the ball... and we give a great big thank you to Melinda Ross, Patrice Milburn, Sophie Lei, Winnie Wong and Penny Jursa. We were also very grateful to once again have the participation of events students from IFT. These young adults, under the guidance of Sophie Lei, did a great job and I am sure you will see some of their faces at future events lending a helping hand.

We also wish to thank Harry Troy, long-time supporter of the ILCM, for being our Master of Ceremonies.

Thank you to our corporate sponsors

in Macau and Hong Kong without whom our charity work could not extend to the many needy people we reach out to in Macau. This year, for the first time ever, we also received a very generous cash donation from an individual who heard of our work and wanted to assist in our fundraising endeavours – a very big thank you to Mr Leung Chun Yip.

Further thanks go to...

Gigi, Debra and the children from Fountain of Hope, and our many friends who contributed to this years event... our thanks to you all.

The ILCM fiscal year ended

on May 31st and I can say that I enjoyed a full and rewarding year as your President. There will be some new faces on the committee that we will welcome at our AGM luncheon on Thursday 17 June and sadly we will say good bye to two long serving committee members, Emiko Pinto-Marques and Melinda Ross, as they leave us to devote more time to their businesses and families.

Continued on page 2

charity

Community Spirit...

Continued from front page

The sub-committees this year...

Mums & Tots, Spotlight the Chef, Drinks after Work, and monthly Networking Luncheons... thank you very much for doing what you do. I hope you have enjoyed the events, activities and venues as much as all our members have – thank you.

Our Touchstone editor,

advertising coordinator, IT specialist and all round marketing person Georgia Creeden has done a remarkable job promoting so many different club activities and working with businesses who wish to enjoy the benefits of marketing to our members. I don't think any of us appreciate just how many hours go into producing Touchstone each month. From gathering the articles and ensuring the content is interesting and accurate, to the layout and

printing process, to collating the materials and posting, the newsletter passes through the hands of several members that help make it all happen. Thank you ladies and boys for each part you play in ensuring that the newsletter arrives to us in a timely manner each month.

Please show your support

I encourage all members to renew your membership and attend the AGM this month. Please show your support to the organization and give us your ideas... we cannot do what we do without your input.

I look forward to seeing you at lots of the many events we have planed for June.

See you soon!



Care to Volunteer?

A regular commitment to a volunteering opportunity makes a difference in the quality of life of those in need!

MONTHLY

- **Missionaries of Charity** – Birthday party at the crèche for children from poor families.
- **Penha** – Music and art session for physically and mentally disabled children.

WEEKLY

- **Centro de Santa Lucia** (Coloane) – Dancing sessions with the handicapped ladies on Tuesday 3-4pm. Days/times can be changed if more convenient.
- **Penha** – Home for handicapped children need volunteers to do simple physio exercises or to help to feed children at I lam.
- **Cradle of Hope** (Taipa) – Daily 9-11am or 4-6pm. Take the babies out for a walk to the park. This can be a weekly or bi-weekly commitment.

FORTNIGHTLY

- **Santa Maria** – Art session at the home for elderly ladies Monday 3-430pm. Can be changed with prior arrangement.
- **Several Homes** need part-time physiotherapists. Times to suit the volunteers.

Questions?

Email community@ilcm.org.mo.

Imperial Charity Ball @ MGM



Above: The darling talented dancers from Fountain of Hope. Above left: ILCM President Andrea Mansfield.



Above: Ball Committee Pennie Jursa, Sophie Lei, Melinda Ross, Patrice Milburn, Andrea Mansfield and Winnie Wong.

Above left: Pennie Jursa and Harry Troy.



Left: The dancers arrive! Right: Patrice Milburn and Melinda Ross.



Making a difference... the expat way!

Sondra Kerr

On November 12, 2009 Brenda Chang and Sondra Kerr anxiously boarded the 30 bus from Taipa to Toi San. This was our first trip to Our Lady of Fatima Girls' School in Macau to begin a conversational English class to a select group of 15-year old girls.

We found a five story modern atrium-style building which houses approximately 800 to 900 students in 23 classes. What a surprise!



We were met by Assistant Principal Jackie Un who escorted us to a classroom on the third floor to meet our prospective students. These girls were from Jackie's English class and she felt they needed some direct contact with Native American speakers to prepare them for their future in the global world. And who better to prepare them but a Chinese-American expat raised in Arizona and a Louisiana, Texas, Colorado, Florida expat Native American speaker!

Jackie explained that the girls had good English skills and the added advantage of close friendships developed over several years. She suggested that we engage them in fun activities which would give us ample opportunities to interact with them in a relaxed atmosphere.

Amid small waves, giggles, and shy smiles full of curiosity, we meet the girls: Sandy, Angie, Eliza, Rebecca, Winky, Kay, Nakita, Elise, Emma, Stella, Cynthia, Cathy, Fanny, Carrie and Queenie. The rank of teachers quickly expanded to include not only Brenda and Sondra, but Mei Liew and Kelley Chiang. Mei was the only one of our intrepid group with formal teaching skills.

Let the fun begin! We never imagined that we would be so entranced... in fact the original request to the ILCM was for one day a month which we quickly expanded to every Thursday!

Brenda is a skilled arts and crafts practitioner and many of our classes revolved around those group activities. During the first session, Brenda provided all the materials necessary for the girls to make name tags, which proved invaluable with so many new faces. And while we supervised we had the opportunity to join small groups and begin answering their basic questions. Where did you live in the US? What is it like there?

Other classes included the use of idioms, fill-in-the-blanks for correct sentence structure, the proper use of tenses, and the proper steps to begin a conversation. We explained traditional holidays... Thanksgiving, Christmas, our New Year and Easter. We made Christmas cards for their friends and family, dyed Easter eggs, and demolished a piñata filled with hard candy. They, in turn, explained Chinese New Year. And as we were sharing our culture the questions and the learning continued... what do people in America think about China?

All too soon, our fun came to an end... all of our husbands suddenly were pursuing jobs that would take us out of Macao; Brenda to Guangzhou, Sondra to Thailand, Mei to Australia, and Kelley to Xiamen.

Because it was such a wonderful experience for us, we are asking for volunteers to continue the classes and experience the joy of teaching and learning... the expat way!



Here are the girls with ZAIA balloons at the Venetian in April. Many thanks to ZAIA for contributing tickets so the girls could attend a matinee.

Sondra hoped that if this article produced any potential volunteers, that she would take them to the school for a visit. However, her time frame changed and Sondra and her husband are leaving Macau on 1 June.

If you are interested in "making a difference", please contact community@ilcm.org.mo.

charity

Charity Organizations supported by ILCM in 2009/2010

Residential Homes

Cradle of Hope and Fountain of Hope—for abandoned babies and children at risk

Evangelist Fellowship Home for Children—for abandoned children

Penha Home for Handicapped Children—for children with mental and physical disabilities

Asilo de Betânia—for the elderly

Santa Lucia Ká Hó Centre and São Luis Gonzaga Centre—for handicapped women and men

São José Ká Hó School—for disadvantaged and abandoned children

Centres

Areia Preta Pastoral Centre—day centre for children and the elderly

Good Shepherd Centre—for abused women and children

Missionaries of Charity Crèche—for disadvantaged children

Our Lady of Fatima Centre—day centre for the elderly

St Joseph the Worker Church & Community Centre—support for after school programs

Education

ARTM—drug treatment and prevention centre

China8 Project—caring for children living in garbage tips in Zhaoqing

Hope Medical Mission—cancer and bereavement support groups

ILCM

All club activities and events are run by volunteers... and every dollar donated goes directly to ILCM charities.

charity

Dancing Ladies



Kel (Rogers) Wilton

Dancing with Old Ladies on Tuesdays

Here are some photos of me, Penny Stubbs, Rosa Harvey and my baby Zach with our small group of dancing ladies in Coloane.

We go there every Tuesday and it is truly great fun.

Care to join us? Contact community@ilcm.org.mo.



ILCM

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ADVERTISING

To inquire about advertising rates and opportunities, please email editor@ilcm.org.mo



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We've got mail!

Dear ILCM,

Thank you for your generous donation of MOP20,000 which Penny (ILCM Community Services) delivered on Friday afternoon. I was just opening my email to write a note to Penny asking if any of your members had any furniture they wished to get rid of when I received a message from Penny telling me of the donation.

I told her it was a gift from heaven as we have a mother and 5 year old son who have been living with us for quite a long time and we will use some of the donation to enable her to buy furniture and move out. Her son is both autistic and hyperactive and it has been very difficult for the other residents and for us to have them in our centre.

The little boy can be quite aggressive and sometimes screams at the top of his voice. They have not been able to move out earlier because of financial constraints. However, the mother finally managed to rent an unfurnished unit the same day that Penny's email arrived.

Please express our gratitude and appreciation to the members of the Ladies Club who contribute so generously to charities in Macau.

With all good wishes, I am, Sincerely yours

Sister Juliana

Director, Good Shepherd Centre



Have you expired my dear?



If so, this will be your last issue of Touchstone!

ILCM memberships expire on 31 May every year. If you wish to maintain your membership and stay on our mailing lists, please renew in person at Coffee Morning or the AGM Lunch or email membership@ilcm.org.mo.

Member benefits

We are working to provide more benefits, plus family activities and adult events (the latter two being subject to volunteer-power). If you would like to get involved, please let us know.

Members receive

- Touchstone... the ILCM newsletter. Sent to ILCM members only by post 10 times a year.
- Weekend Enews... with ILCM news updates, plus occasional sponsored, paid or NPO notices. Please feel free to share it with friends.
- Members/families enjoy discounts at many ILCM activities. Non-members are always welcome, but pay more.
- Discounts at local restaurants, spas, and shops. ILCM membership cards must be presented.
- Membership Directory (strictly confidential, for member personal use only).
- Discounts on advertising rates in Touchstone, Enews and Eblasts for members and member owned businesses.

Membership brochures & applications

If you need materials for friends or newcomers, just let us know or download the application from www.ilcm.org.mo.

We are also happy to provide your workplace with materials for newly arriving staff.

Please email membership@ilcm.org.mo

The ILCM welcomes English speakers of all nationalities, backgrounds and interests. We **organize** social and cultural activities, we orchestrate great fundraising events, and we assist local **charities** through community services and monetary grants.

The social club... with **community spirit**

news



Got something to say?

Got questions, suggestions, , compliments, complaints or bits that are too small for an article? Then send us an email to editor@ilcm.org.mo

We cannot do it without you!

touchstone

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family

Tots spots... 'n stuff

Mums & Tots is back!

Meli Bourassa

We are now meeting on Wednesday mornings, 10am at Kids' City (City of Dreams)!

The toddlers are enjoying themselves a lot... and the mums are too!

Just let the pictures convince you!

Also stay tuned to the Enews for the Tots Summer Party.

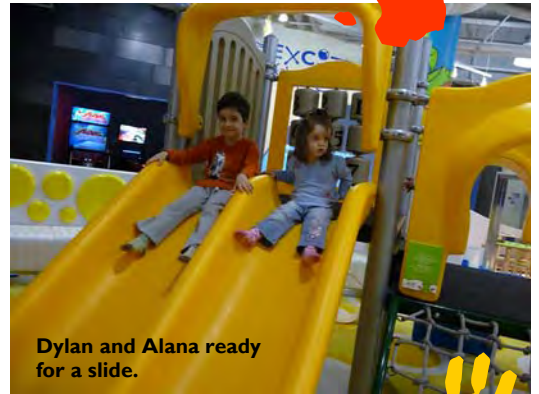
Email: mums@ilcm.org.mo



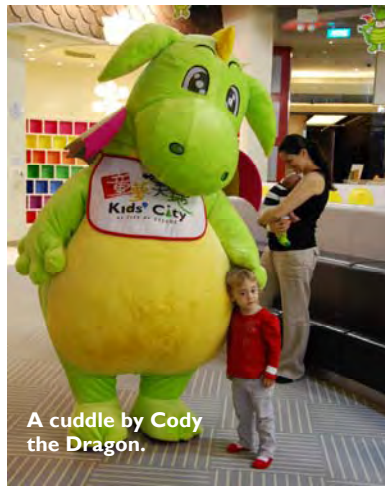
Photos: Meli Bourassa



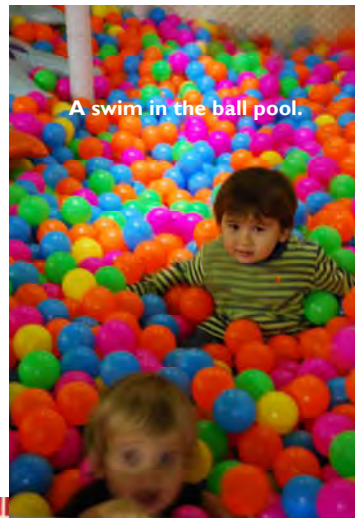
A busy morning at Kids' City.



Dylan and Alana ready for a slide.



A cuddle by Cody the Dragon.



A swim in the ball pool.



Handsome Amandinho.



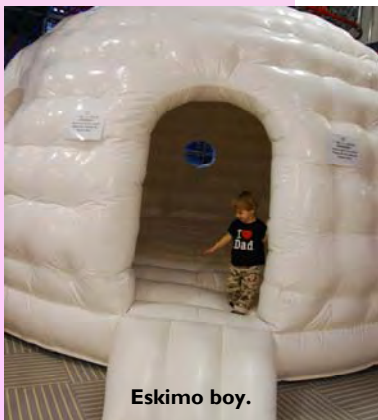
Future Engineer.



Friendly staff.



Unmatched reflection.



Eskimo boy.



Gone through all the books.



Even the boys like this Barbie colored place!



Kat's Kitchen... in Macau

Kat Scott

Lachie had his first lychee the other day and wanted more! He loves them and no wonder because I ate them almost every day at the end of my pregnancy last year. You can get them everywhere now but I buy them at the vegetable shop in Coloane village... she gets them in fresh every day. Cold and sweet.

There is lots you can do with lychees. They are not just a fruit to eat on its own (though very yummy). The Chinese use the fruit in many different ways and being in China we have to give it a go. If you like lychees I am sure you like these recipes.



The Coloane Village veggie lady and Kat holding Lachie and lychees. For ideas and tips please email katscott06@hotmail.com

Lychee Sorbet

Ingredients

- 2 lbs. fresh lychee fruit, peeled and pitted
- 3/4 cup sugar
- 1/4 cup fresh orange juice

Instructions

1. In a blender, puree the lychee fruit. Add the sugar and orange juice and freeze.

2. Take a fork and stir a little bit every hour until almost solid.
3. Before serving take out of the freezer, wait for 5 minutes and stir with a fork again.
4. You could add some gin or vodka but easy on the booze (adding too much it might not freeze properly).

Lychee Chicken Oriental & Lychee Rice

Ingredients

- 1 tablespoon butter or margarine
- 2 chicken breasts, split, skinned and boned
- 10 ounces minced fresh lychees
- 1 cup water
- 1/2 cup soy sauce
- 8 ounces sliced water chestnuts, drained and liquid reserved
- 12 dried lychees, coarsely chopped
- 1 teaspoon ground ginger
- 1 teaspoon garlic powder
- 3 celery sticks, diagonally sliced
- 2 cups sliced mushrooms
- 1 bunch green onions, sliced
- 1 package frozen pea pods
- 1 red or green bell pepper, cut into strips

Chicken Instructions

1. Melt butter in large pan over medium heat. Add chicken; cook until brown on both sides.

2. Stir in fresh lychees, water, soy sauce, liquid from water chestnuts, lychees (saving 1/4 cup), ginger and garlic powder. Simmer 40 minutes or until chicken is tender.
3. Add celery, mushrooms, green onions, pea pods, red pepper and water chestnuts to the chicken; cook and stir 5 minutes or until heated through.

Rice Instructions

1. While the chicken is simmering: Combine 2 1/2 cups water, 1/4 cup finely chopped dried lychees and 1/4 teaspoon salt in medium-sized saucepan. Bring to boil; stir in 1 cup long-grained rice.
2. Cover; reduce heat and simmer 20 minutes. Remove from heat; let stand 5 minutes.

Serve chicken and vegetables over rice. Garnish as desired.

Spinach & Lychee Salad

Dressing ingredients

- 1/3 cup vinaigrette
- 2 tablespoons lychee juice
- 1 spring onion, finely chopped
- 1/2 teaspoon red pepper flakes
- 1 teaspoon sesame seeds

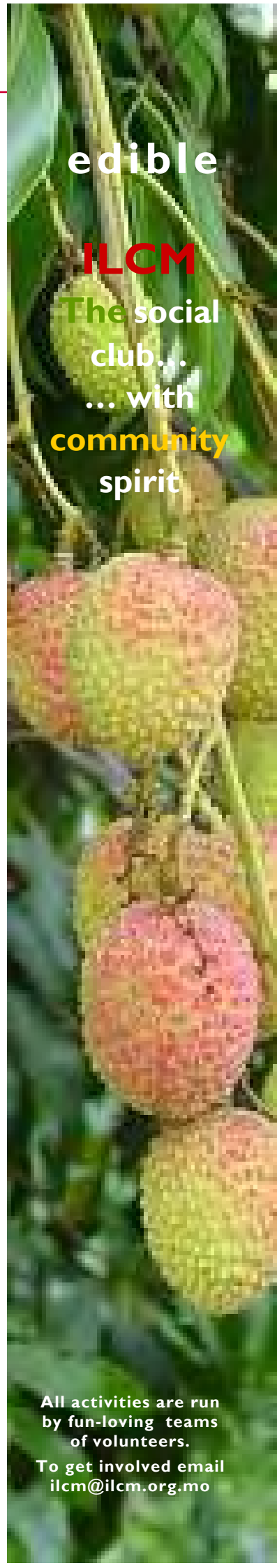
Salad ingredients

- 1 package baby spinach
- 1 can sliced water chestnuts, drained and liquid reserved
- 10 fresh peeled and pitted fresh lychees

- 1/4 cup real bacon crumbles
- 2 large hard-boiled eggs, peeled and quartered

Instructions

1. In a jar or sealable container, combine vinaigrette and 2 tablespoons reserved lychee juice, scallion, red pepper flakes, and sesame seeds. Shake vigorously; set aside.
2. Add spinach and water chestnuts to a large bowl. Add dressing and toss. Top with lychees, bacon bits, and eggs.



edible

ILCM

The social club...

... with

community

spirit

All activities are run by fun-loving teams of volunteers.
To get involved email ilcm@ilcm.org.mo

gallery

Imperial Charity Ball @ MGM



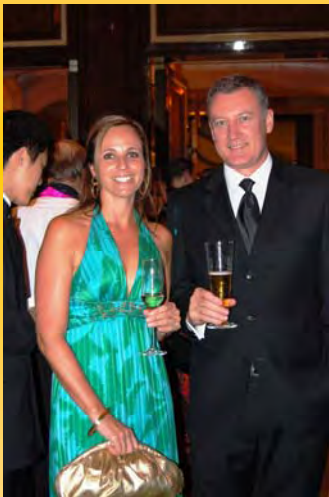
Penny Stubbs and Rosa Canal Martin.



Simon and Fiona Carrington, Kathy Seto Clarke and Phil Clarke.



Michael Ng and Winnie Wong on the Red Carpet.



Myka and Greg Hawkins.



Greg and Andrea Mansfield.



Two friends and Adriano Marques and Emiko Pinto-Marques.



Louise Aldridge, Georgia Creeden, Enrico Davido.



Lerma Manley and Veronica Palsimon.



Phoebe Lai and Joseph Chan.



Imperial Charity Ball @ MGM

gallery



Gala and Konstantin Bessmertny on the right.



Mathew Sutton, Kimberly Lambert, Louise Kewley, Jarrod Curnow, Sandra and Ken Houghton.



The sexiest shoes of the evening belong to...



Sonia Turner and Rosa Canal Martin.



Patrice and Scott Milburn on the Red Carpet.



Enrico Davido and Louise Aldridge.



Sophie Lei on right.



Juliet Risdon and Jenny Lonergan.



Maria da Penha Costareis and Penny Stubbs.



Phoebe Lai, Joseph Chan, and Sophie Lei.



Shane and Gary Doucet.



Phoebe Lai.

activities

mind & body...



Mums & Tots (& Dads) Revival/Survival!

Wednesdays—1000 to 1230

At **KIDS' CITY, City of Dreams**

They open early just for us! Show your ILCM membership card to receive a 40% discount! Then stay tuned to the Enews for field trips, parties, and updates.

Inquiries contact Kath Rose & Meli Bourassa (over 2's) or

Kat Scott (under 2's) at mums@ilcm.org.mo.

Mums & Tots... a support group for young mums...



Coffee Morning

1st Thursday every month—**Thursday 3 June**

1030am—12noon at **The Westin Resort Macau**

Meet & Greet friends and newcomers in seaside setting, and if you have kids, feel free to bring them along. The Westin looks after us beautifully with coffee, tea, and cookies... and some of us stay on to enjoy lunch or a walk on the beach.

Contact Patrice Milburn membership@ilcm.org.mo.

Above: Julie Kirkman, Penny Stubbs and Helene Wong. The Westin Resort Macau has hosted ILCM Coffee Mornings since Oct 2006.



Mahjong

Wednesdays at 12 noon

Everyone is welcome and this month we are playing at Sonia Turner's home at 16C Orchid Court, Ocean Gardens, Taipa.

Please bring a plate to share and MOP30 to play.

Space is limited so please contact us to secure a spot!

Contact Sonia 66129793 or Valerie 28881262



Guys/Gals Social Squash

Wednesday nights, 730 to 9pm

Playing on a social/get fit basis at Ocean Gardens Health Club. It is very casual and you do not need to commit to every week. Guys/gals of all levels are welcome.

Contact Peter Johns 6696 6820 johnsey@pacific.net.au

Social Tennis Players WANTED

Mondays & Fridays, 9 to 11am

Players of all levels and sexes are welcome to join our social tennis mornings at the Taipa Stadium.

Court fees are shared between the players.

Contact Penny Stubbs 28882758.



Book Club

(was on the) **First Monday of every month**

ON HOLD until a few more readers join the group. All are welcome... and we can also change the day, time or venue.

To express your interest, please contact Sonia Turner at mikeandsoniat@hotmail.com or 66129793.



Do they do anything besides sit around? If anyone knows otherwise, please email photo proof to editor@ilcm.org.mo

ILCM

The social club...

...with **community spirit**

edible & drinkable...

activities

**INVITATION TO
AN EXCLUSIVE MEMBERSHIP EVENT**

Wednesday 2 June, 630 to 930pm

Wave Pool, Level 3, Hard Rock Hotel, City of Dreams

* Light BBQ Buffet *

* House Drinks (wine, draught beer, spirits, sodas) until 830pm *

FREE OF CHARGE for ILCM Members and Spouse/Partner

Non-members can attend by joining ILCM (MOP500 membership fee)

ILCM member discounts apply on premium drinks, other foods, and drinks after 830pm

RSVP by Sunday 23 May to Jenny Lonergan at social@ilcm.org.mo

Sponsored by Wave, Hard Rock Hotel Macau, City of Dreams



Please do not hesitate to attend activities if you are on your own or new in town. Just let us know and we will be sure to introduce you to a few new friends...

PORTOFINO

A wonderful slice of Italy at The Venetian Macao, next to the ZAIA Theater.



AGM Luncheon

Thursday 17 June, 1230pm

The AGM meeting will be brief and we will enjoy a 3-course lunch with choice of appetizer and main course, plus dessert, tea and coffee... and some fabulous lucky door prizes. MOP200/members only

We enjoy meeting people! Please introduce yourself and pass your personal or business cards around during lunch. No show policy applies

Please RSVP by Monday 14 June to Jenny Lonergan at social@ilcm.org.mo

AGM Lunch Menu

~Appetizer~

Traditional Italian Vegetable Soup with Pesto

OR

Portofino Caesar Salad with herbed Croutons, Crispy Pancetta and Calamata Olives

~Entrée~

Linguini with Speck, Green Asparagus and Parmesan Shaving

OR

Grilled Half Marinated Spring Chicken with Slow-cooked Vegetables

~Dessert~

Fresh Lemon Tart scented with Cherry Compote

~Beverage~

Coffee or Tea



Drinks after Work

Are mixed on the last Friday of each month

The next venue will be revealed via Enews

Meet up with a **mixed** group of friends, newcomers, couples, singles...

If you're on your own or a newcomer, let us know and we'll introduce you to a few new friends...

Organizer: Winnie Wong social@ilcm.org.mo

NO-SHOWS

If you do not show up or cancel too late, the venue will still charge us. Please reimburse the organizing volunteer who paid for your spot.

ILCM events/activities calendar

June 2010

ILCM

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www.ilcm.org.mo

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 MumsTots Mahjong Squash MEMBERS' NITE	3 COFFEE MORNING	4 Tennis	5
6	7 Tennis	8	9 MumsTots Mahjong Squash	10 Comm Mtg	11 Tennis	12
13	14 Tennis	15	16 MumsTots Mahjong Squash Tung Ng	17 LUNCH AGM	18 Tennis	19
20 Newsletter d/line	21 Tennis	22	23 MumsTots Mahjong Squash	24	25 Tennis MOC party DRINKS	26
27	28 Tennis	29	30 MumsTots Mahjong Squash			

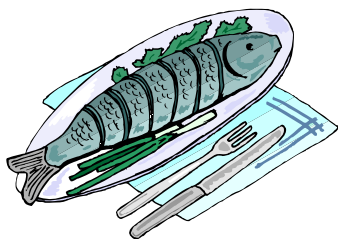
UPCOMING ILCM EVENTS

MONTHLY

- 1st Mon: Book Club (on hold)
- 1st Thu: Coffee Morning
- 2nd Thu: Committee Meeting
- 3rd Thu: Lunch
- Last Fri: Drinks after Work

JUNE BIRTHDAYS

- Pamela Wright (2)
- Melinda Ross (3)
- Sonia Turner (8)
- Bernadette Scicluna (17)
- Sandra Lou (22)
- Pennie Jursa (26)
- Jill Ferguson-Rigg (26)
- Barbara Zahner (27)
- Shinta Siggih (29)



FISHY TIPS...

Like the 10-minute per inch rule

This is an easy way to gauge the cooking time of fish that is baked, grilled, broiled, poached, steamed and sautéed.

- Measure the fish at its thickest point. If it is stuffed or rolled, measure after stuffing or rolling.
- Cook fish about 10 minutes per inch of thickness... (a 1-inch thick fish fillet should be cooked for 10 minutes).
- Your fish does not need to be turned in the oven.
- Fish should reach an internal temperature of 140°F (use an instant read thermometer).
- Add 5 minutes to the total cooking time for fish wrapped in foil or covered in sauce.
- Cooked fish until it is opaque and flakes easily with a fork.



Missionaries of Charity Children's
Birthday Party

Last Friday of each month from 3 to
4pm

Come along and join in the fun with the
children at the crèche. Volunteers with
young children are welcome to bring
them along to join in the festivities.

Contact community@ilcm.org.mo