

## At the end of another year of charity successes, farewells and very warm welcomes we must take time to say Thank You!!

by Andrea Mansfield - ILCM President

Lots of thank yous this month as I pen my last article as president ...The ILCM Grand Charity Ball continues to go from strength to strength with this year's being no exception. 262 guests enjoyed the hospitality of Four Seasons Macau and **raised in excess of MOP 850,000.**

The ball committee, who's many hours of planning and commitment was instrumental in the success of the ball, need to be given a great big "Thank You" – Sophie Lee, Helen Wong, Barbara Zahner, Ingrid Andreas, Kel Wilton and Angeliq Shuur.

We were also very grateful to have the participation of students from TIS. These young adults, under the guidance of Barbara Zahner, did a great job and I am sure you will see some of their faces at future events lending a helping hand. Thank you also to long time supporter of the club, Michael Keen, for being our MC.

A big "Thank You" to our corporate sponsors both here and in Hong Kong without whom our charity work could not extend to the many needy people we reach out to in Macau. This year for the second year in a row we received a very generous cash donation from an individual who heard of our work and wanted to assist in our fundraising endeavours – a very big "Thank You" to Mr Leung Chun Yip for being our first Platinum Sponsor.

Louisa, owner of Kou Fu Real Estate and Ms Faye Ho Owner of Dog One Life – thank you ladies for your very generous support.

Well the ILCM current year is coming to an end and I have enjoyed yet another full and rewarding year as your President. It's been four very rewarding years with lots of challenges, successes and very fond memories. A big thank you to the committees I have worked with and that have shown me their support over the past four years. To my mentors Fran Thomas, Melanie Ruston, Louise Kewley and Eileen Stow to name a few, your guidance and untold wisdom has been invaluable to me.

Don't forget to renew your membership for 2011-2012.

Be sure not to miss the fantastic events ILCM has planned this year.

Thank you to the amazing community services teams from the past four years – they are the ones that truly make the difference, with the monies we raise and are given by our sponsors. MOP 2,435,476 has been given to Macau based charities in the past four years. Thank you to the corporates I have worked with who have never said "No", but have supported the events we have hosted over the past four years – Macau Tower, The Western Resort Hotel, The Macau Golf and Country Club, Summergate Wines, MGM Macau, Four Seasons Hotel Macau, Morton's the Steakhouse Macau. To the Macau printed and electronic Media – Nuno at Macau Closer, Kowie at Macau Daily Times, Paulo and Luis at Macau Business, JJ at Delta Bridges, Campbell at Aomen TV, I am grateful for your support. Thank you to St Josephs University Macau, especially Mr Richard Whitfield, and all the husbands/partners of the committee members over the past four years, thank you for your patience and support in helping your wives /partners do what they have done to make a difference to the ILCM.

There will be some new faces on the committee who we will welcome at our AGM luncheon on the 16 June and sadly we will say good bye to some committee members as they leave us to devote more time to their businesses and families.

The sub committees this year – Mums 'n' tots, Drinks After Work and our monthly luncheons – ladies thank you very much for

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❑ Why not attend the graduation of the little children at Missionaries of Charity as they celebrate their end of term and graduation.

❑ Choose a special Giving Tree donation and make a big difference to the lives of the needy.

❑ Farewell from our resident foodie - Kat Scott. Kat writes her last piece for Touchstone and makes it a sweet one!

❑ Don't forget to vote at the AGM on June 16. Non members are welcome to attend the following lunch.

## Missed the ball but still want to donate?

**This year guests had the chance to get directly involved with ILCM charity works by sponsoring individual charitable works. There is still a chance for you to partake in this giving exercise and there are things to suit all budgets. Please take a look and see how you can make a difference:**

1 x Birthday cakes for 100 disadvantaged infants at the Missionaries of Charity Crèche **MOP3,000**

12 x Pairs of new shoes for 12 orphans **MOP2,500**

2 x Special wheelchairs for heavily disabled orphans at La de Nossa Senhora **MOP5,000**

4 x Annual overnight outing for 12 orphans from the Helen Liang Orphanage **MOP2,000**

5 x One month of tennis/music lessons for 2 orphans **MOP500**

5 x Red Packets for disadvantaged elderly homes **MOP3,000**

1 x School uniform for one orphan **MOP500**

5 x Afternoon Tea for disadvantaged elderly **MOP500**

1 x Dim Sum lunch for 20 disabled orphans from La de Nossa Senhora da Penha **MOP500**

5 x Milk and nappies for baby orphans at the Cradle of Hope **MOP1,500**

2 x School bags and underwear for 5 orphans **MOP500**

If you are able to donate any of the above please contact Kel Wilton:  
Treasurer@ilcm.org.mo

Please note what you would like to sponsor, the cost and who you would like your invoice made out to.

One lucky sponsor will win a one-night stay at Galaxy hotel with breakfast included.

The winner of the Galaxy stay will be notified by email and name printed in Touchstone.

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doing what you do. I hope you have enjoyed the events and locations as much as we have... thank you.

Our touchstone editor, **Anna Littlewood**, (who is breathing a sigh of relief that she won't have to chase me for deadlines), thank you for our new look. To our advertising coordinator, IT specialist and all round marketing person **Georgia Creeden**, thank you. Both ladies have done a remarkable job this year with so many different club activities to promote and businesses wanting to enjoy the benefits of marketing to our membership it has been a very busy year. I don't think any of us appreciate just how many hours go into producing this newsletter each month. From gathering the articles and ensuring the content is interesting and accurate to the layout and printing process, to collating the materials and posting – the newsletter passes through the hands of several members. Thank you ladies for each part you play in ensuring that the newsletter arrives to us in a timely matter each month.

To my Vice President this past year, **Sophie Lee**, thank you and good luck as you step up to the role of President. May you find as much joy and pleasure as I have in the role.

**And lastly to my husband and son – thank you!** Our family has benefited greatly from my involvement in the club through the diversity of people we have met through my role and the numerous opportunities.

**I encourage all members to renew your membership and attend the AGM.** Show your support to the committee, give them your ideas, lend a hand with a project or two – you might be surprised and enjoy it !

Good luck to those relocating back to homelands or new postings and to the expectant mums – we look forward to being introduced to your babies.

I look forward to seeing you at one, if not more, of the many events the team has planned for the summer.

See you soon...

*Andrea.*

## MAKING A DIFFERENCE THROUGH DANCE

Music is more than a pleasure and fun. Music for many years has been used in hospital settings as a therapy. Latest research is highlighting the importance music plays in the development of the young brain.

Long-term benefits of improved cognition are now being seen in those babies and children who are exposed to music. Children who suffer neglect, abuse or trauma have interrupted brain development and this program helps override this destructive consequence of trauma to the young brain.

ILCM member Anastasia Luadi Wolfsgruber has volunteered her time and has commenced Kindermusik sessions at Cradle of Hope, Home for abandoned babies and children. The staff at the Home are very grateful for Anastasia's support and those other ILCM members who volunteer to help at the sessions.



Kindermusik is an opportunity for staff and little ones to have fun together and know it is a therapy for the children.

### ILCM CONFIRMS CHARITY FUNDING FOR ANOTHER YEAR.

ILCM Charity Committee is extremely grateful for the money raised to support our charities for the year 2011-2012. We thank the Ball Committee for their hard work over many months and all sponsors, donors and members for their contributions.

Already we have requests for assistance

as summer approaches and funds for school holiday activities for the kids are required, emergency support for high electricity bills often come in during summer as cash flow for the Homes is so tight.

Many of our charities have been waiting to see if we can continue with our monthly donations to the running of their facilities, or supporting their programs and we can now

assure them this will continue.

As we know Macau's social situation and problems are changing, with different issues arising each year. ILCM charity committee will seek to be flexible to support these changing needs where appropriate.

Again we thank all sponsors, donors, and members who in their various ways contributed to this wonderful outcome.

# ILCM GRAND CHARITY BALL —2011—

*The International Ladies' Club  
of Macau sincerely thanks their sponsors*

Platinum



Gold



Faye Ho

Silver



Bronze



Joseph and Sophie Chan



SOFITEL  
LUXURY HOTELS



Sorry Girls but this will be the last Kat's Kitchen, we will be heading to our next posting, Sydney. I will miss searching for nice recipes to share and I will miss the challenge searching for ingredients. I hope you have enjoyed all my recipes and please keep cooking!

For the last Kat's Kitchen I have two of my favourite cakes, both of them are a brilliant base to mix in your own idea's.

Will miss you all.

Love Kat

## Jamie's Chocolate Party Cake

<b>Ingredients</b>	3 big tbsp cocoa powder	2 large hands of strawberries or raspberries (or mix)
	200 g caster sugar	
	200 g butter	
	3 large eggs	
	200 g self-raising flour (sifted)	
	1 tsp baking powder	
	1 big hand of flaked almonds	
	200 ml double cream	
		<b>Topping</b>
		150 g butter
		150 g dark cooking chocolate
		150 g icing sugar
		4 tbsp milk

### Method

- Preheat the oven to 180, line 2 20cm cake tins with greaseproof paper. Mix the cocoa powder with 4 tbsp of boiling water until smooth. In a separate bowl, beat the sugar and butter until fluffy, add the cocoa mixture, eggs, flour and baking powder. Mix well and fold in the nuts. Divide the mixture between the tins and bake for about 25 minutes. When cooked allow to cool before taking them out of the tins.
- Melt the chocolate topping ingredients in a bowl over lightly simmering water. Stir until well blended and allow to cool. Whip the double cream into soft peaks and sweeten it with a little sugar to taste. To assemble the cake, drizzle each sponge with a little liqueur (any you like and would go with chocolate, whiskey is perfect with chocolate and raspberries!) spread the cream over one of the sponges, then sprinkle the fruit on top. Sandwich the second sponge on top and press down. Run a knife around the edge of the cake to smooth it off and pour over the chocolate topping. Allow the topping to firm up slightly before tucking in.



## Ice-cream Pie

### Ingredients

400 g chocolate	200 g dark chocolate
chip cookies	50 g marshmallows
50 g butter (melted)	300 ml thickened cream
1 tbsp milk	
1 litre vanilla ice-cream	
375 g crunchy peanut butter	
Sauce	

### Method

- Grease a 24 cm loose base cake tin.
- Blend the cookies until the mixture looks like breadcrumbs, add butter and milk and mix all together. Then press the cookie mixture in a cake tin, spread out evenly. Put in the refrigerator for about 10 minutes.
- Beat the ice-cream and peanut butter in a large bowl until combined, you can add some liqueur but not too much as it won't freeze well. Spoon the filling into the crumb crust, cover with some Clingfilm and freeze 3 hours or overnight.
- Serve the pie with some hot fudge sauce.
- For the sauce combine all the ingredients in a small sauce pan, stir over heat until smooth (do not let it boil!)
- As you see both recipe go very well with a liqueur or other spirit but of course it is up to you what you like and you can leave it out if it is for the kids.



We would like to thank Kat for her wonderful culinary contributions each month and wish her, Dirk, Lachlan, Alastair and Dougal all the very best for the future!

This month Kids' City has been a welcome reprieve from the Summer heat outside...all of the 'old' little faces are still there with some new tots attending every week, which is fantastic!

This month's "All about me" features Lachlan Scott. He and his family leave us for the sunny shores of Sydney soon...they will be missed!

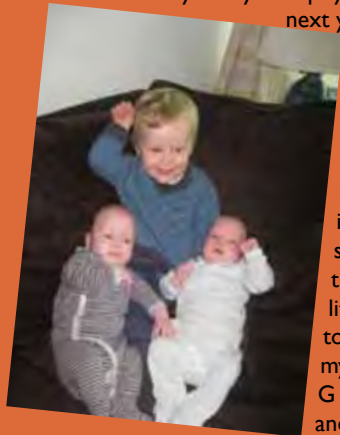


## ALL ABOUT ME... Lachlan Scott

I am Lachlan Scott, my Dad, Dirk is from Scotland and Mum, Kat is from Holland. Dad works at the airport, I love planes! Sometimes we go and have a look and I point them all out. Mum and Dad have been here for 3 years and I have been here for 2.

Because we are moving to another country I will have to find new friends and I will miss all my friends from here so much. I will miss the Wednesday morning playing at Kids' City and I will miss all the different swimming pools Mummy takes me to.

I have 2 brothers, they are 6 months old twins, Dougal and Alastair. Now they are boring and just lie there and don't want to play, but Mum says they will play with me next year.



I will go on a big plane to see my Grandma in Holland soon and then on a little plane to see my other Grandma and Grandpa

in Scotland. After my holiday in Europe I will fly to Sydney where we will have to look for a new house and Dad will work at a very big airport..

**WHERE WAS I BORN?** I was born in Hong Kong and a week later I went on the ferry to Macau. **HOW OLD AM I?** I am 2 years (June 13) **FAVOURITE TOYS** Bath toys are my favorite and I have so many of them, I

think Mummy likes them too

**FAVOURITE SHOW OR MOVIE** I love to watch Timmy Time and Curious George also Madagascar with all the silly monkeys.

But the best of all is Jungle Book.

**FAVOURITE THING TO DO AT KIDS' CITY** I love the bouncy igloo and the climbing frame above the ball pit...Oh and of course the bubbles!

**BEST FRIENDS** I have no special best friend but a few very very good friends, Zac, Lachlan D, Amandihno, Tony & little Angus. I have a big crush on Hannah!

**MY FAVOURITE FOOD** Mummy's spag bol as well as cheese and corn on the cob **FAVOURITE THING TO DO ON A WEEKEND WITH MY DAD** I love to go on my fathers back for a big walk. I have a special seat and can see very far. Mum stays at home with the twins so it's just me and my Dad!

**FAVOURITE THING TO DO IN SUMMER** In summer I love to go outside and run around as well as play on the beach and swim. I am very good at it! **FAVOURITE THING TO DO IN WINTER** In winter I also like to go outside, with my nice warm jacket on. I go to the park or to the beach.



## Super 'EASY' Special Pancakes – a breakfast alternative!

Pancakes were always a favourite thing to eat in my house growing up, and these days in Macau Farrah is far too bored with her usual cereal and toast so introducing pancakes has been a real hit for her (and her Dad), especially on Sunday mornings...you should try it!

### TIP:

Make the batter the night before and place in the fridge I've found the Pancakes turn out fluffier.

Preparation Time: 10 mins  
Cooking Time: 30 mins  
Makes: 12 Pancakes

### Ingredients

2 cups (300g) self raising flour  
1/2 cup (75g) plain flour  
2 tbs caster sugar  
2 1/3 cups (580 ml) milk  
80g butter  
1 egg, lightly whisked  
2 drops of vanilla essence  
Extra Melted Butter to cook

### Method

1. Sift flour into bowl. Add sugar and stir well. Add milk, butter, vanilla essence and egg. Whisk until well combined.
2. Brush two small non stick frying pans with a little of the extra melted butter. Heat over low heat. Add 1/3 cup of mixture to each pan and cook for 2 mins or until bubbles appear on the surface. Carefully flip over and cook for a further minute.
3. Transfer Pancakes to a plate and wrap loosely in a clean tea towel to keep warm. Repeat with remaining batter, greasing pan with butter in between each batch. If you find the pan is getting too hot, reduce heat slightly.
4. Serve pancakes with either a little bit of butter and fresh berries on top, lemon and sugar, honey, Maple Syrup and raspberry or strawberry jam.. Delish!

### IMPORTANT NUMBERS

Emergency - 999  
Fire Dept - +853 28572222  
S. Januario Hospital - +853 28313731  
Kiang Wu Hospital - +853 28371333  
University Hospital Macau - +853 28821838  
Hope Medical Centre - +853 28836992  
Metro International Clinic +853 28355522  
Taxi - +853 2851 9519 / +853 28939939

## “LET DOCTOR CLINIC GET TO KNOW YOU”

**D**id you experience pressure, mild discomfort, tenderness or sometimes intense pain in the pelvic area? Did you note that the flow of the urine slows, and the urethra burns constantly, or only during urination. If your answer is yes from the above questions, please see your gynecologist because those may be the symptoms of interstitial cystitis.

According to statistic of American epidemiology, women make up about 1.2 of the total 1.3 million estimated sufferers, though some sources place the total as high as 8 million. 90% of all interstitial cystitis patients are women, ranging in age from 20-50 years old.

**H**ere is a case of a 38 years old woman who came to The Doctor Clinic with pelvic pain as well as a very painful bladder with urgency to urinate. This condition existed 4 months. It was really getting her down because she was in constant discomfort, which was actually very exhausting physically and emotionally.

### Diagnosis

According to her description of her urination, Dr. Charles H Koh, minimally invasive gynecologic surgeon and reproductive medicine surgeon of The Doctor Clinic, suggested to do following screening tests and examination: pain mapping showed pain of predendal nerve. Q-tip-test of vulva showed vestibulitis (inflammation of vulva); The Pelvic Pain and Urgency/ Frequency (PUF) questionnaire is a simple tool that provides a fast, easy, and noninvasive way to screen for IC; Urinalysis and urine culture indicated that no bacteria in her urine sample. Therefore, patient was advised to have a potassium sensitive test which was positive, and undergo cystoscopy to rule out those symptoms that were caused by bladder cancer. Under cystoscopy, Dr. Koh found that inflammation was on the bladder mucosal lining. According to the screening and examination were done, Dr. Koh diagnosed her condition which was interstitial cystitis.



### Treatment and prognosis

Under Dr. Koh prescription, she had to get bladder instillation which the bladder is filled with a rescue rinse solution that is held as long as she can, before being emptied and specific drug for treatment. She also was referred to a dietitian of The Doctor Clinic, Ms. Joey Chan for nutrition consultation because alcohol, tomatoes, spices, chocolate, caffeinated and citrus beverages, and high-acid foods may contribute to bladder

### Signs and symptoms of interstitial cystitis

- Decreased bladder capacity
- An urgent need to urinate frequently day and night; waking one or more times a night to urinate.
- Feelings of pressure, pain, and tenderness around the bladder, pelvis, and perineum (the area between the anus and vagina or anus and scrotum) which may increase as the bladder fills and decrease as it empties;
- Painful sexual intercourse

irritation and inflammation. Joey also noted that their symptoms worsen after eating or drinking products containing artificial sweeteners. After 12 times in 2 months of getting bladder instillation and followed Joey's suggestion on diet, her condition of urgency urinate was improved and her pain was relieved.

Dr. Koh emphasized that there are many causes of pelvic pain, such as gynecologic, gastrointestinal and musculoskeletal. There is no way to tell what exactly reason to cause pelvic pain until our doctor examines you. Once the cause is found, it is often successfully treated in The Doctor Clinic. It is because this clinic consists of international experts in gynecologic specialties such as pelvic pain management, urogynecology, infertility, and minimally invasive surgery and forms the core of the medical clinic operation.



The Doctor Clinic Women's Healthcare Center

醫思國際醫療婦女專科中心

Address: 504-520, Avenida De Guimarães, Taipa, Macau

Telephone: 2828 2328

Fax: 2886 8640

Website: [www.thedoctorclinics.com](http://www.thedoctorclinics.com)

Email: [info@thedoctorclinics.com](mailto:info@thedoctorclinics.com)

Contact person: Dennis Ng

## After Work Drinks

Drinks are mixed on the last Friday of each month.

Stay tuned to Enews for the next great venue.

Contact organiser Winnie Wong on [social@ilcm.org.mo](mailto:social@ilcm.org.mo)

## Missionaries of Charity

### Monthly Birthday Party

**Friday 17 June 3pm.**

The little children at this creche love it when we attend their birthday parties.

For details contact:  
[community@ilcm.org.mo](mailto:community@ilcm.org.mo)



### Graduation

**Saturday 25 June 9am.**

Come and join the little children and their parents as they celebrate their end of term and graduation.

We like to provide little **goody bags for the 90 children** on this special day so if you would like to make a donation or need further information on how you could help please contact: [community@ilcm.org.mo](mailto:community@ilcm.org.mo)

## Let's VOTE, then do Lunch!

AGM and lunch at Morton's Steakhouse

You can use this opportunity to join ILCM or renew membership

**When:** **Thursday 16 June 2011**  
11:30am - AGM (ILCM members only)  
1pm - Lunch and Guest Speaker (ILCM members and non-members)

**Lunch:** 4 course lunch includes:  
red/white wine and tea/coffee  
MOP 250 ILCM member  
MOP 300 non members

**Please RSVP by Monday June 13 to Angelique Shuur [social@ilcm.org.mo](mailto:social@ilcm.org.mo) with your choice of main course beef or fish**

**No Shows:** If you do not show, or cancel last minute please reimburse the ILCM organizing volunteer who paid for your unused spot.

### Menu:

Welcome cocktail:	<i>Morton's Heavenly Palm Becher</i>
Soup:	<i>Lobster Bisque</i>
Morton's Salad:	<i>Morton's Blue Cheese Dressing, chopped Egg, Anchovies</i>
Entree:	<i>Prime Rib, boneless USA prime with Colossal Shrimp Alexander</i>
Accompaniments:	<i>Grilled Asparagus and mashed potato</i>
Dessert trio:	<i>Mini Key Lime pie, Fresh berries, Chocolate Mousse</i>
	<i>Hot Tea &amp; Coffee</i>

## Mums & Tots (& Dads)

Wednesdays 10:00am - 12:30pm  
Kids' City, City of Dreams

**MUMS & TOTS  
- A SUPPORT  
GROUP FOR  
YOUNG MUMS.**

They open early just for us! Show your ILCM membership card to receive a 40% discount. Then stay tuned to the Enews for field trips, parties and updates.  
Contact [Kel Wilton](#) or [Faith Town](#) on [mums@ilcm.org.mo](mailto:mums@ilcm.org.mo)

## Mahjong

Wednesdays at 11:30am  
- 5pm

Everyone is welcome and this month we are playing at Sonia Turner's home at 16C Orchid Court, Ocean Gardens, Taipa. Please bring a plate to share and MOP30 to play.



Space is limited so please contact us to secure your spot. Contact: [Penny Stubbs](#) on 66591842

## Book Club

Calling all avid readers! The ILCM book Club is in search of a leader and new members. The day and venue can be arranged to suit the group.

Interested members should contact Julie Kirkman who can put you in contact with other like minded individuals!

Contact: [secretary@ilcm.org.mo](mailto:secretary@ilcm.org.mo)

## Coffee Morning

On the 1st Thursday every month 10:30am - noon  
Thursday 2 June *The Westin Resort Macau*

Meet and greet friends and newcomers in seaside setting, and if you have kids, feel free to bring them along.

The Westin generously provides the wonderful venue as well as coffee, tea and cookies..and some of us stay on for lunch or a walk on the beach  
Contact: [membership@ilcm.org.mo](mailto:membership@ilcm.org.mo)



## Social Tennis - Players WANTED

Mondays & Fridays, 9am - 11am  
*Taipa Stadium*

Players of all levels are welcome to join our social tennis mornings. Court fees are shared between the players.

Contact: [Penny Stubbs 28882758](#).

## Guys/Gals Social Squash

Wednesday nights 7:30pm - 9pm  
*Ocean Gardens Health Club*

Playing on a social/get fit basis. It is very casual and you do not need to commit to every week.

Guys/gals of all levels are welcome.

Contact: [Peter Johns johnsey@pacific.net.au](#)

## Surprises... in Macau

by Georgia Creeden

**M**ost of us who do not speak Cantonese are accustomed to having exasperating experiences in shops in Macau.

We are sometimes treated rudely... but I have learned that it is usually not intentional, and if we are polite and patient when trying to communicate, they usually become friendly and helpful. We also learn to bring samples or photos of what we are looking for, we draw diagrams and pictures, and we become proficient at pantomime and looking like fools. This is less of a problem than it was fifteen years ago (when almost no English was spoken in Macau), but even today, I need to be in the right mood when trying to shop or get help in many of the small local shops.

Several months ago I had a surprising experience in a pharmacy... actually a triple surprise. I was on my way to a dinner party in Taipa and suddenly had a very bad allergy attack and could barely breathe. I ran into the nearest pharmacy and asked for some medication. The pharmacist was wonderful and quickly offered several suggestions... but then I realized that I left my credit cards at home and didn't have enough money to pay for the medication! Then the shocking surprise came when the pharmacist said not to worry... please take it and come back later with the money. I couldn't believe my ears!

Not only did the pharmacist speak excellent English, she was unbelievably helpful and even let me walk out of the store without paying! Have you ever heard such a thing in Macau? Well, Pharmacist Ana Rita Carvalho saved

my life and gained a faithful customer for life!

Since then, I have been to Lotus Pharmacy several times (actually lots) and on every occasion, I have received professional advice and helpful service from every one of the pharmacists and pharmacy technicians. I am sure there are other good pharmacies, but I give Lotus Pharmacy my top rating of 5 stars!

Their multi-cultural team of experts includes (Pharmacists) Morita Wong, Ana Rita Carvalho and Natalia Sofia Coelho do Rosario and (Pharmacy Technicians) Stanley Lam, Caspar Chan and Cecilia Lam. They all speak excellent English and some speak Portuguese, Spanish, French, Cantonese and Mandarin.



I am sure there are other good pharmacies, but I give Lotus Pharmacy my top rating of 5 stars!

Open daily 10am to 9pm  
Lotus Pharmacy  
Seng Tou Street, 407-413 G/F  
Nova Taipa Garden, Taipa Macau  
Tel 2885 5088

[info@lotuspharmacy.com.mo](mailto:info@lotuspharmacy.com.mo)

<http://www.deltabridges.com/directory/macau-reviews/lotus-pharmacy-macau>

Lunch at Mistral, Sofitel Ponte 16



Drinks After Work Portofino



Photos: Barbara Zahner

touchstone

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WEEKEND  
DESSERT BUFFET  
CAFÉ PANORAMA

Friday and Saturday at 7pm to 10pm    Sunday at 1:30pm to 5:30pm  
Adult/成人 \$85+    Child/小童 \$50+

For enquiries or reservations, please contact Café Panorama at 853.8899.1120.  
Subject to 10% service charge and any applicable tax(es).

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ILCM Grand Charity Ball at Four Seasons



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Macau sincerely thanks their sponsors for making  
the ball a dazzling success*

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Kids' City at City of Dreams  
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The Spa at Crown  
The Venetian® Macao  
The Westin Resort Macau  
Wild & Bare  
Wynn Macau



Photos: Barbara Zahner



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activities if you are  
on your own or new  
in town.*

*Just let us know and  
we will be sure to  
introduce you to a  
few new friends...*

**WE'VE  
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THE STEAKHOUSE



# ILCM events/activities calendar

## June 2011

Macau Public Holidays\*

### ILCM

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Mums n Tots Mahjong Squash	2 Coffee Morning	3 Tennis  Dragon Boat Festival	4
5	6 Tennis	7	8 Mums n Tots Mahjong Squash	9	10 Tennis	11
12	13 Tennis	14	15 Mums n Tots Mahjong Squash	16 AGM - Morton's Steak House	17 Tennis	18
19	20 Tennis	21	22 Mums n Tots Mahjong Squash	23	24 Tennis	25
26	27 Tennis	28	29 Mums n Tots Mahjong Squash	30		

## July 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Tennis	2
3	4 Tennis	5	6 Mums n Tots Mahjong Squash	7 Coffee Morning	8 Tennis	9
10	11 Tennis	12	13 Mums n Tots Mahjong Squash	14 Committee Meeting	15 Tennis	16
17	18 Tennis	19	20 Mums n Tots Mahjong Squash	21	22 Tennis	23
24	25 Tennis	26	27 Mums n Tots Mahjong Squash	28	29 Tennis	30
31						

### June Birthdays

Lorraine Gordon (2)  
Pamela Wright (2)  
Melinda Ross (3)  
Kerri Johns (7)  
Sonia Turner (8)  
Bernadette Scicluna (17)  
Pennie Jursa (26)

Jill Ferguson-Rigg (26)  
Anna Littlewood (27)  
Barbara Zahner (27)

### July Birthdays

Jiji Tu (2)  
Stefan Mueller (3)  
Yeve Tang (5)  
Linda Switzer (5)  
Nicole Moore (6)  
Michele Reid-Butcher (9)  
Mabel Mei Po Lam (11)  
Azita Crerar (12)  
Juju Mak (14)

Joao Machado Pinto De Almeida (16)  
Sarah Skeledon (17)  
Anne Godsey (18)  
Katherine Rose (19)  
Christine Cheong (21)  
Catherine Heredia (28)  
Ingrid Masselink Andreas (28)  
Joan Mowat (28)  
Sarah Martins (30)